



**HEART FAILURE
ASSOCIATION OF INDIA**
Improving Heart Failure Care

Heart Failure Awareness Week 2024

Country: India

Name of reporter: Dr Harikrishnan S



HFA
Heart Failure
Association

 European Society of Cardiology

Programme and events

Heart Failure Association of India (HFAI) along with Sree Chitra Tirunal Institute for Medical Sciences and Technology, Thiruvananthapuram (SCTIMST) organised various events as part of the Heart Failure Awareness Days.

- Echocardiography workshop – HFpEF – Simplified
- Cardiac Evaluation and Risk Factor Assessment Camps (Find me...)
- Public Awareness Talks
- Awareness programme for heart failure patients and relatives
- Social media outreach





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of the European Society of Cardiology



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HEART FAILURE AWARENESS DAYS 2024

29TH APRIL 2024
to 5TH MAY 2024



25 IN
25

By the Heart Failure Association of European Society of Cardiology
Supported By the Heart Failure Association of India

"Detecting yet undiagnosed patients and intervene early, when you know we can make the biggest difference to people's lives and outcomes.

**"DETECT THE UNDETECTED:
FIND ME "**

For More Information
helloreallygreatsite.com



HFA
Heart Failure
Association



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icmr
INDIAN COUNCIL OF
MEDICAL RESEARCH

CCoE
COLLABORATING CENTRE
OF EXCELLENCE

HEART FAILURE AWARENESS DAYS 2024

PUBLIC AWARENESS CAMPAIGN

29th April to 5th May 2024



ESC

In association with:



**Sree Chitra Tirunal Institute
for Medical Sciences and Technology**



**Indian Council for Medical Research
(ICMR) Collaborative Centre of
Excellence**



**Liquid Propulsion Systems
Centre (LPSC) of Indian Space
Research Organisation**



LPSC Staff Benevolent Fund

Echocardiography Masterclass

at Sree Chitra Tirunal Institute for Medical Sciences and Technology



- An Echo workshop for the Cardiologists in the making.
- Conducted by Dr Shantanu Sengupta, Director Sengupta Hospital Research Institute, Nagpur and Convenor, Echo Council, Cardiological Society of India.
- The program constituted lectures and live demonstrations.



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ECHOCARDIOGRAPHY MASTERCLASS

As part of
Heart Failure Awareness Days 2024
By Heart Failure Association of the European Society of Cardiology
Supported by Heart Failure Association of India



PUBLIC AWARENESS PROGRAM

at Liquid Propulsion Systems Centre (LPSC) of Indian Space Research Organisation

Supported by Sree Chitra Tirunal Institute for Medical Sciences and Technology

- Cardiac Evaluation and risk factor assessment camp
- Public awareness talks on “Prevention of Heart Diseases” and “Cardio-vascular Risk Mitigation in Young Adults”

Each person appeared for the Cardiac Evaluation and risk factor assessment camp were assessed based on the following factors:

- Clinical cardiovascular examination
- Novel cardiovascular anthropometric indices
- Blood pressure
- Random blood sugar
- Peripheral plethysmography
- Hand grip dynamometry
- Electrocardiography
- Echocardiography
- LV ejection fraction
- NT-proBNP test (if indicated)



The poster features logos for HFA, HEART FAILURE ASSOCIATION OF INDIA, ESC, ICMR, and CCoE. The main text reads: "Heart Failure Awareness Days 2024: 29th April to 5th May 2024 PUBLIC AWARENESS PROGRAM At Liquid Propulsion Systems Centre (LPSC) ISRO, Valiamala Thiruvananthapuram 30th April 2024". It also includes the 2024 theme "Detecting the undetected: FIND ME" and the 25in25 initiative goal.

Glimpse from the event at Liquid Propulsion Systems Centre (LPSC), ISRO



Awareness Program for Patients and Relatives

at Sree Chitra Tirunal Institute for Medical Sciences and Technology



- Heart Failure awareness talk and interactive session with cardiologists
- The patients and their relatives got a chance to ask doubts regarding the disease and its management
- Free NT-ProBNP and Blood Sugar Test
- Check-up at Heart Failure Clinic




A blood sample collection drive for Heart Failure Biobank at Liquid Propulsion Systems Centre (LPSC) of Indian Space Research Organisation and Sree Chitra Tirunal Institute for Medical Sciences and Technology

- A blood sample collection drive was conducted by the Heart Failure Biobank.

The ICMR CARE-HF runs the first Heart Failure Biobank in the country at SCTIMST along with many collaborative research projects. Recently ICMR has recognized this facility at SCTIMST as an ICMR Collaborating Center of Excellence for five years (2023 -2028).

**Do you want to participate in
HEART RESEARCH?**

**National Heart Failure Biobank
invites you to
join this initiative**



What is the National Heart Failure Biobank?
This is an initiative to collect blood and tissue samples from heart failure patients and blood samples from healthy volunteers for research purpose.

Is my privacy protected?
Yes, personal information like your name, address or other identifiers will be removed, and your data and samples will be stored in a secure biobank with a unique code number.

Who will use my data & samples?
Approved researchers will use it to study disease risk factors and genetic susceptibility, so that novel treatment methods and diagnostic tests can be devised for the heart failure patients in our society.

Can I join this initiative?
Yes, you can join if you:
• Are aged between 18 or above
• Sign a written informed consent form

How can I participate?

Just call Tel: 0471 2524593
National Heart Failure Biobank
Surgical Block, 2nd Floor
Room No: 3210, SCTIMST,
Medical College PO., Trivandrum

• If you are willing to participate in this research initiative, donors will be requested to donate a small quantity of blood sample.

• Participants will be given information about their anthropometric data such as height, weight, BMI, BP & oxygen saturation levels.



Social media outreach: Twitter

